
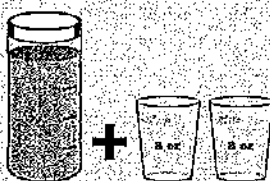




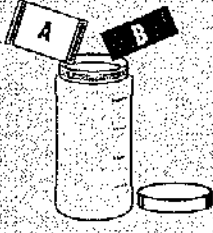
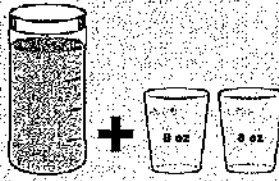
# Patient Instructions—Evening-Before Regimen

The MoviPrep carton contains 4 pouches and a disposable container for mixing. You must complete the entire prep to ensure the most effective cleansing.

**Beginning at: 4:00PM**

<p><b>STEP 1</b> MIX FIRST DOSE</p>	<ul style="list-style-type: none"> <li>Empty 1 Pouch A and 1 Pouch B into the disposable container</li> <li>Add lukewarm drinking water to the top line of the container. Mix to dissolve</li> </ul> <p><i>If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.</i></p>	
<p><b>STEP 2</b> DRINK FIRST DOSE</p>	<ul style="list-style-type: none"> <li>The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed</li> <li>Drink 16 oz of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep</li> </ul>	 <div data-bbox="1031 640 1477 903" style="border: 1px solid black; padding: 5px;"> <p>Clear liquids include water, ginger ale, apple juice, Gatorade**, lemonade, and broth. No red or purple liquids</p> <p>Ask your doctor if you have any questions about whether a particular drink is acceptable.</p> </div>

**Beginning at: 7:00PM**

<p><b>STEP 3</b> MIX SECOND DOSE</p>	<ul style="list-style-type: none"> <li>Empty 1 Pouch A and 1 Pouch B into the disposable container</li> <li>Add lukewarm drinking water to the top line of the container. Mix to dissolve</li> </ul> <p><i>If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.</i></p>	
<p><b>STEP 4</b> DRINK SECOND DOSE</p>	<ul style="list-style-type: none"> <li>The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed</li> <li>Drink 16 oz of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep</li> </ul>	

Your body loses significant amounts of fluid during bowel preparation. In order to prevent dehydration, it is important to supplement that fluid loss with clear liquids: **Make a conscious effort to drink as much as you can before, during, and after the preparation.**

If you have any questions, please call our office at 858-453-5200 *Debbie*

\*Gatorade is a registered trademark of Stokely-Van Camp, Inc., Chicago, IL

**MoviPrep**  
(PEG-3350, Sodium Sulfate, Sodium Chloride, Potassium Chloride, Sodium Ascorbate and Ascorbic Acid for Oral Solution)

Low-Volume Prep. Rx only  
High-Volume Efficacy.