

La Jolla Endoscopy Center

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Half-Lytley with Bisacodyl Tablets Instructions for Colonoscopy

Appointment Date _____ Check-in time _____

Location: Endoscopy Center, 9850 Genesee Avenue, Suite 980, La Jolla

The day before the procedure, you will have normal breakfast. Thereafter, stay on a liquid diet, preferably clear liquids. This would include fruit juices (such as apple, cranberry and grape), tea, coffee, popsicles, bouillon, and Jell-O (avoid red or orange Jell-O however). Avoid solids, especially milk or dairy products. Please note that the more liquids you consume, the better the prep will be and consequently the more accurate and shorter the colonoscopy examination.

Between 3:00 and 6:00 p.m., take two Bisacodyl tablets with water.

Between 6:00 and 9:00 p.m., begin drinking the Half-Lytely preparation as instructed. Drink eight ounces every ten or fifteen minutes until the bottle is empty. **Be sure to drink all of the solution.**

You may continue to take clear fluids up until two hours before exam. This is true even if the colonoscopy is scheduled in the afternoon.

Medications:

- You do not have to stop aspirin, arthritic medication, or pain medication.
- If you are on Coumadin, generally this is stopped for five days before the colonoscopy. However, the decision to stop the Coumadin should be discussed with your gastrointestinal doctor and your internist or cardiologist.
- Blood pressure medications and heart medications should be continued including the morning of the exam with sips of water.
- With regard to diabetes, take half of your diabetic medication and Insulin the day before the colonoscopy and none on the morning of the procedure. Your blood sugar will be checked on the day of the colonoscopy.

Additional instructions: Sedatives will be given during the exam, so you should not drive the day of the examination. Accordingly, be sure to make arrangements to have a responsible adult drive you home. Taxis and buses are not acceptable forms of transportation. The driver must go to Suite 980 to sign you out before you can be discharged. Plan to be at the facility for approximately two hours. If your driver is not in the waiting room, he/she should leave their cell phone number so that he/she can be contacted in terms of when to pick you up from the Center.

If you have any further questions, please contact the gastroenterologist who is scheduled to do your examination.

Follow up Visit (Suite 820) Date _____ Time _____

Physician charges are separate from facility charges. Any payments made at the time of your service will be applied to the facility fee only, and you will receive a separate bill from the physician. If biopsies are taken, you will receive an additional bill from the laboratory.